



VITA
MASTER CHRISTIAN DANIEL MAYER

Master Christian Daniel Mayer, has since his childhood a passion for Far Eastern martial arts.

His personality and actions, including more than four decades of experience, show a genuine commitment to this Art form. He is the founder of his own martial arts style and has been holding the title of master for many years. In addition, in 2012 he entered the prestigious Martial Arts Hall of Fame in Manila.

Christian has - through his many experiences and especially through his 16 years under Grand Master of Martial Arts and temple monk Sonsanim Ko Myong - learned that extraordinary success is only possible to be achieved with the holistic unity of body and mind. Teaching this, has become his mission.

As a successful former competitive athlete and successful entrepreneur since 1991, he has created synergies between competitive sports and business. Through his own "FET - concept" and by means of mental dynamics he leads people through self-awareness to complete self-control and to a personal breakthrough.

In his hypnosis and coaching practices, he supports and motivates top athletes and managers to top performance and helps people to overcome their fears and to let go of worries.

He is a member of the GSA, the association for professional speakers and trainers in Europe and co-founder of "o gumdo mind in motion" and founder of Swiss Haidong Gumdo Association.

Christian Daniel Mayer became known through TV showcases on Aeschbacher, 10vor10, Tele Zürich, Tele Top, Swiss Sport Television.